

Activity sheet 1

Benefits of cycling




On the move

List the advantages and disadvantages of each type of transport. How many can you find?

Cycling

Advantages	Disadvantages
<ul style="list-style-type: none">✿ It helps to keep me fit.✿✿	<ul style="list-style-type: none">✿✿✿



Car

Advantages	Disadvantages
<ul style="list-style-type: none">✿✿✿	<ul style="list-style-type: none">✿ I don't take any exercise before I go to school.✿✿

